



FUN

In the City's

GREENSPACE

Join us and experience a diverse range of FREE programming, all summer long.

July

Schedule

August

- 5 YOGA
- 12 KUNG-FU
- 19 MEDITATION
- 26 HIIT FITNESS

**EVERY WEDNESDAY
12-1PM
ROCHFORD SQUARE
+ GAMES & ACTIVITY
EQUIPMENT, BOOKS FOR
ALL AGES & ADDITIONAL
SEATING/BLANKETS!**

- 2 SWING DANCE
- 9 YOGA
- 16 TAI-CHI
- 23 BELLY DANCE
- 30 COMMUNITY JAM SESSION

**ALL PROGRAMMING
BEGINNER FRIENDLY**

